

Table S1 Nutritional risk screening 2002

Score	Impaired nutritional status	Severity of disease	age
0	Normal nutritional status	Normal nutritional requirements	< 70 y
1	Weight loss > 5% in 3 months Or Food intake below 50–75% of normal requirement in preceding week	Tumor, hip fracture, diabetes, hemodialysis Or Chronic patients with acute complications	≥ 70 y
2	Weight loss > 5% in 2 months Or BMI 18.5-20.5+impaired general condition Or Food intake below 25–50% of normal requirement in preceding week	Major abdominal surgery, stroke, severe pneumonia, hematological malignancy	
3	Weight loss > 5% in 1 months Or BMI <18.5 +impaired general condition Or Food intake less than 25% of normal requirement in preceding week	Craniocerebral injury, bone marrow transplantation, Intensive care patients (APACHE 10)	

The nutritional risk screening 2002 (NRS 2002) scale was the sum score of impaired nutritional status, severity of disease and age.