Supplementary Table 1. Risk of bias and quality assessment of studies included using MINORS (n=2)

| Study | Methodological items for non-randomized studies | | | | | | | | Additional criteria in the case of comparative study | | | | Total scores |
	A clearly stated aim	Inclusion of consecutive patients	Prospective collection of data	Endpoints appropriate to the aim of the study	Unbiased assessment of the study endpoint	Follow-up period appropriate to the aim of the study	Loss to follow up less than 5%	Prospective calculation of the study size	An adequate control group	Contemporary groups	Baseline equivalence of groups	Adequate statistical analyses	
Prada	2	2	2	2	0	2	2	2	-	-	-	-	14
Soatti	2	2	2	2	0	2	2	2	-	-	-	-	14